

# GSCS Monthly e-newsletter

*"The official voice of straight chiropractic in NJ"*

June 2023

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## From the Prez

We had a great convention and it was great to see so many of you. It was nice to have Jack Bourla, the new President of Sherman College at the Convention this year. We hope that all those who attended will consider joining us in supporting Chiropractic. Lastly, I am honored to be your President and proud of our hard working Board and Members!

## GSCS Annual Summer Picnic with the Jersey Shore BlueClaws: September 3

The GSCS is teaming up with the Jersey Shore BlueClaws for our Annual picnic on Sunday, September 3 at 1:05! The BlueClaws are a High A affiliate of the Philadelphia Phillies organization and will play the Aberdeen Ironbirds, a Baltimore Orioles affiliate.



### Meet us at the RWJBarnabas Health Champions Club!

Located on the Luxury Suite level of ShoreTown Ballpark, the RWJBarnabas Health Champions Club is a triple-box party room with a decor inspired by great moments in BlueClaws history. The room is filled with memorabilia, pictures, banners, and much more. It holds 50-60 people and includes an all-you-can-eat buffet from an exclusive menu.

**Ticket prices include:** Indoor and outdoor seating, climate control, cable TV, a 90 minute all-you-can-eat buffet. Soft drinks, water, coffee and dessert are included. Cash bar will be available.

Adults: \$25. Children ages 5-12: \$15. Children under 5 years old are free.  
Gates open at noon. Game starts at 1:05.

Shoretown Ballpark, 2 Stadium Way, Lakewood.

[Click HERE](#) for your registration flyer. Or call Bob Berkowitz at 732-573-7070 directly to register and pay for your tickets.

See you there!

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## Philosophy article

### Analytical Certainty Humility in Service to a Chiropractic Vision



*“Dogma may be refuted a thousand times, provided the user is willing to accept it again and again as true.”* - Sigmund Freud

There are situations in life where dogma is occasionally substituted for sound reasoning. A common result is clashing of egos and passionate turf wars as the “camps” develop around their proudly held beliefs and trusts. This has been particularly true in the realm of chiropractic methods of analysis and adjusting techniques. Quite often, the chiropractor can develop a fervent sense

of loyalty, protectiveness or even defensiveness based on their acceptance of the dogma.

A technique based on sound understanding of the subluxation will prove to be the best. When one uses a valid means of determining vertebral subluxations - what we understand as the analysis - it becomes a relatively simple matter to use pre- and post-checks with that analysis to know whether the technique chosen allowed the body to effect an adjustment. It may also provide the profession at large an escape from the “technique wars” by allowing us to realize that the introduction of an adjustic force may have many different forms and must be tailored to the individual subluxation. There will be no “best” overall technique, except the particular one that allowed the adjustment to take place at that particular moment in that particular person. The benefits of using this empowering understanding can only be realized, though, when we think more critically about our analytical methods and when analytical certainty becomes our expectation.

### **[READ MORE](#)**

*Submitted by Jim Healey, DC*

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## **Thom and Betty Gelardi Service Award: Robert Berkowitz, D.C., '81**



This award is to honor the Gelardis and the award recipient who is deemed to have those same qualities as the Gelardis; presented in recognition of unselfish dedication, visionary leadership, and pioneering spirit.

Robert G. Berkowitz, D.C. began his Chiropractic journey in 1976 after graduating from Rutgers University in New Jersey where he earned his Bachelor of Science and earned six varsity letters in football, wrestling, and baseball.

He transferred to Sherman College of Straight Chiropractic after numerous discussions with his Rutgers fraternity Brother, Dr. Peter Lope, who was enrolled at Sherman.

Sherman represented a vision of chiropractic as a separate and distinct profession, with a clear and rational objective: the detection and correction of vertebral subluxation for the sole purpose of allowing the life within the body a better circumstance to express itself.

It's been a 42-year journey as a solo practitioner that has included actively promoting, supporting, and advancing the unique concept of a non-therapeutic

chiropractor, representing Sherman at graduate student fairs around the tri-state area of New Jersey, New York, and Pennsylvania, or wherever Sherman asked him to go.

Bob served on the Sherman College Board of Trustees for 22 years, never missing a meeting or conference call. As its chair for four years, during what were the most challenging times, he represented Sherman's vision of chiropractic at various venues including in front of the accrediting agencies of SACS and CCE, as well as federal legislators in Washington, DC.

On the state level, Bob has been active for 42 years as a member of the Garden State Chiropractic Society, 38 years as a member of their Board of Directors, and as an officer for 33 years.

He has testified in front of both the New Jersey state senate and assembly to successfully allow the non-therapeutic objective to be included within the Scope of Practice Act.

On the national and international levels, he has been a part of the FSCO, currently the IFCO, since his time as a Sherman student. Dr. Berkowitz also served as a board member of the organization for over 35 years.

During 9/11, he was credentialed by both FEMA & the City of New York as a volunteer chiropractor at FEMA's command center in the Javits Convention Center and in lower Manhattan where the tragedy occurred.

Along the way, he has been named Sherman College's Regent of the Year on more than one occasion, Chiropractor of the Year by Sherman College and the Garden State Chiropractic Society, and was one of only two people to have a Sherman Lyceum dedicated in his honor during the millennial year.

*Congratulations Dr. Berkowitz from the GSCS Board and Officers*

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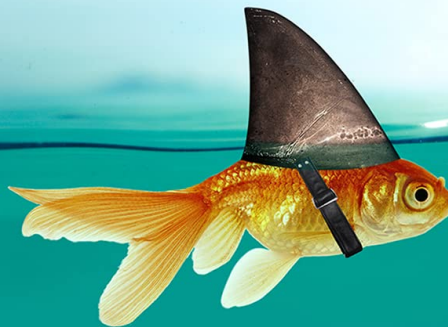
**Chiropractic principles meditation...**  
**8+ minutes of pure GOLD!**

# Chiropractic Principles

Reggie Gold



**MINDSET  
IS EVERYTHING**



## **Become a GSCS member**

Not a member? Are you a student considering practicing in NJ? Are you a DC affiliated with an organization that just doesn't represent you and your understanding on chiropractic? Are you a DC who just has not gotten around to joining a state organization yet?

**Join Us!**

The GSCS is New Jersey's oldest and most respected chiropractic

organization. Our mission has never wavered. And now is a great time to join the GSCS.

Click [HERE](#) for a membership application.

**GARDEN STATE  
CHIROPRACTIC SOCIETY**  
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