



# GSCS Monthly e-newsletter

*"The official voice of straight chiropractic in NJ"*

DECEMBER 2024

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## From the Prez

### Finish the Race, Finish Well

Life is like a marathon. When we look through the lens of time especially for many of us, it has gone so fast. For others, they are

just starting the race. While we were racing, some have left the race due to time, age or circumstance. What are we striving for as chiropractors?

We are striving for people to understand both outside and inside our practices, the importance of being checked regularly for vertebral subluxation because in it and of itself, vertebral subluxation is a detriment to human life! This is a life long endeavor and there will be times where we are moving along faster, sometimes slower and sometimes like we are up against a wall but we have to keep going.

Finish the Race, Finish Well!

Jay Yuhas, D.C.  
*GSCS President*

## The Three Whys Men and A story of those who would bring and present wondrous gifts to others ..

An oft-featured part of the late December celebrations around Christmas time are the stories of three Magi, in Christian tradition, The Three Wise Men, noble and wise pilgrims “from the East” who followed a guiding star that brought them to Bethlehem, where they paid homage, with gifts of gold, frankincense, and myrrh, to the infant Jesus as king of the Jews. Christian theological tradition has always stressed that Gentiles as well as Jews came to worship Jesus, but this is not an article about religion. There’s even a holiday movie broadcast around Christmas time on the The Hallmark Channel, *Three Wise Men and A Baby*, a rom-com about three friends who have to care for a baby over the holidays, not at all about any ostensibly wise men, religious circumstances, Christian, Jewish, Judeo-Christian, or otherwise, of stories about the original or any



other spin-off tales of Three Wise Men.

This article isn't even about the Three Wise Men. Nor is it really about any particular trio of men or a singular man. It could just as easily be about three wise women, or any number of wise women, or even one wise woman. Keep reading.

It's about you!

It's about the man or woman you are who has chosen to dedicate your professional life to checking people for vertebral subluxations and assisting in effecting their adjustment simply because those people would be better off without them. It's very unlikely that you noticed a super-nova or some other unique, unusually bright astral phenomenon, interpreting it and figuring it was some kind of beacon for something important and decided to head off toward the Earth horizon in the direction that would bring you closer to it or whatever it was guiding you toward in that direction.

[Click HERE to read more](#)

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## **GSCS Convention 2025 Registration will start mid-December!**



The Garden State Chiropractic Society has scheduled their convention for April 5 & 6, 2025.

We are thrilled to announce our exceptional line-up of speakers for our annual convention. Drs. Myron Brown, Damien Ciasullo, Andrew Daniele, Anthony DeMarco, David McGonagle, Jason Meyerson, Mary-Ellen Rada, Trent Scheidecker, Stamatis Tsamoutalidis and Jason Yuhas have agreed to be a part of our program. 15 hours of continuing education have been submitted for approval. You will need thirty hours of continuing education, including at least two hours of nutrition and risk management completed by August 31, 2025 in order to renew your NJ license. Our convention will meet the nutrition and risk management requirements for NJ renewal.

Registration begins mid-December for Early Bird fees. Rates increase January 11, 2025.

[Click HERE for the speaker schedule.](#)

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## **Thinking inside the box**

Yes, it's time to think inside the box of what chiropractic truly is and what makes chiropractic

amazingly unique. Thinking inside the box gives us the opportunity to focus on the one most important thing chiropractic offers the world. Hmmmmm... What could that be??

Yes, the adjustment of vertebral subluxations for a better expression of innate intelligence enabling people to live closer to their full potential. Simple and powerful.



Yes, thinking inside the box allows us to clearly define chiropractic. This gives chiropractors a powerful identity in society. It also gives a clear understanding to the public as to what chiropractic is and how it can be best utilized.

Yes, thinking in the box gives us a vision of where we wish to take chiropractic. This is called the mission statement. Imagine chiropractors having the vision of 7.8 billion people being checked weekly for vertebral subluxations. The supply would not meet the demand. Chiropractors would celebrate when another chiropractor opened an office next door to theirs. School could not graduate students fast enough. More schools would need to open. The public world wide would demand for more chiropractors because NOBODY would want to live their life with vertebral subluxations. It is incredibly inspiring to imagine the amazing world we would live in with people living closer to their full potential through the adjustment of vertebral subluxation!!!

We start with clearly defining chiropractic in a philosophically congruent and pragmatic way. This establishes intent, scope of practice, and public understanding. We know that world is a better place through our service. It is time we bring it to the world with a clear message and we all win!!!!

*Thanks to Mark Romano, DC for this article*

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## Free Chiropractic tables

I have available a perfect Zenith Hylo with no rips and an Ergo bench, again no rips. No charge. For pick up.

*Jay Yuhas. DC  
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## Daily Positive

You won't always be recognized for your effort. Do it for the cause not the applause. Do what you do and over time truth will shine through.

Get a daily quote at [DailyPositive.com](http://DailyPositive.com)

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## Q & A with Reggie

#3 Does health insurance cover chiropractic?

That's a difficult question to answer because health insurance really is not HEALTH insurance. Health insurance pays for disease treatment, and many chiropractors flatly refuse to treat disease. They want to keep people free from vertebral subluxations whether they have a disease or not. Those chiropractors who agree with the insurance companies that they will treat various conditions, do in fact get reimbursed by the insurance companies (or the patients get reimbursed depending upon who pays). There are many chiropractors, however, who offer a maintenance program and insurance companies will never pay for a maintenance program. Insurance companies call themselves health insurance companies but they are really disease treatment companies. They do not pay for the maintenance of health. They will agree that good rest and good exercise are important to health, but they don't pay for memberships in health clubs. They don't pay for good nutrition. They only pay for the treatment of a disease. So really the title, health insurance, is a misnomer.



*Thanks to Tom Gregory, DC for this article*

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## Chiropractic Absolutes

- Vertebral subluxation always causes the body to work at less than 100%.
- You cannot ever reach your full potential in life without regular chiropractic care.
- There are no alternatives to chiropractic care.
- Chiropractic is never an approach to treating disease.
- The innate intelligence of the body can always run it better than the finite educated mind.



*Thank you to the late Joe Strauss, DC for this article.*

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## A new publication by Claude Lessard, DC: The 2027 Chiropractic Textbook

Sometimes, those of us in chiropractic have a tendency to get stuck in the ideas and the

philosophy of our forefathers and it hinders the growth and development of our philosophy. It also presents a basis for the criticism that we have developed into some sort of cult/religion. What profession is still using a 1927 textbook as its primary text?

Now for the first time in almost 100 years, The Chiropractic Text Book has been updated and re-contextualized. **Claude Lessard, DC**, had it suggested to him by Thom Gelardi, DC, to take on the task of rewriting the chiropractic textbook. Claude accepted the challenge and he produced an extraordinary textbook that will encourage future chiropractors to carry on and further develop chiropractic, that will include new knowledge, insights, and error corrections into the third millennium and forever more. I would encourage each of you to pick up a copy of Volume 1 from the **Joseph B. Strauss Bookstore at Sherman College**, which is ordering Volume 1 of the 2027 Textbook, in bulk, to sell. This an easy way to financially support Sherman so it can make some extra money.



Otherwise, you should be able to find it on any major online book retailer, such as Barnes and Noble or Amazon, by googling the title. Obviously, Sherman wouldn't make money from the proceeds of the book that way.

I present to you part of the preface from The 2027 Chiropractic Textbook Volume 1, by Claude Lessard, D.C.

[\*\*READ MORE\*\*](#)

## **Become a GSCS member**

Not a member? Are you a student considering practicing in NJ? Are you a DC affiliated with an organization that just doesn't represent you and your understanding on chiropractic? Are you a DC who just has not gotten around to joining a state organization yet?

**Join Us!**

The GSCS is New Jersey's oldest and most respected chiropractic organization. Our mission has never wavered. And now is a great time to join the GSCS.

Click [\*\*HERE\*\*](#) for a membership application.

Garden State Chiropractic Society | P.O. Box 298 | Franklin Park, NJ 08823 US

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