



September

GSCS Monthly e-newsletter

“The official voice of straight chiropractic in NJ”

SEPTEMBER 2025

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From the Prez

A Body in Motion

A body in motion stays in motion and a body at rest stays at rest. We look at our practices and especially as we get older we may think about ways to wind down a practice but a practice is

a living breathing organism. It needs life! While we may not always be able to handle the volume of our youth, for a practice to work, we still have to see as many people that we have the capacity and the ability to see the days and hours we are there. We still have to educate and see new people to fill the slots as people move, die or drop out. It always works that way. We must stay active and in motion in chiropractic whatever our capacities are at that time! Stay in motion!

Jay Yuhas, D.C.
GSCS President

Three generations of Sherman Alumni serve the community at Middlesex County Fair

This summer, the Garden State Chiropractic Society proudly represented our profession at the Middlesex County Fair with an inspiring display of service and unity. Pictured are three generations of Sherman College of Chiropractic alumni—Dr. Robert Berkowitz, Dr. Frank Joseph Hahn, and Dr. Pete Jeremich—standing side-by-side in service to our community.



Throughout the week, we met with members of the public, answering questions, educating families about the importance of a healthy spine, explained Vertebral Subluxation and its impact on the nerve system, and provided complimentary spinal screenings. Our mission was clear: if someone was found to have Vertebral Subluxation, we made sure they understood the importance of adjustments, its impact on nerve system function and helped connect them with a GSCS member Chiropractor in their area.

Events like the Middlesex County Fair give us an incredible opportunity to reach people who may have never experienced Chiropractic care. By coming together—seasoned practitioners, mid-career Chiropractors, and new graduates alike—we demonstrate not only the strength of our profession but make a powerful impact as we share our commitment to protecting and

promoting straight Chiropractic throughout New Jersey.

We thank everyone who stopped by our booth and invite all GSCS members to get involved in future community outreach events. Together, we can continue to advance public awareness and connect more people across our state with the life-changing benefits of Chiropractic care.

Want to Make a Difference?

Join your fellow GSCS Chiropractors at our next community outreach event! Whether you're educating families, checking spines, or simply sharing your passion for Chiropractic, your presence matters. Together, we can connect more people with the care they need and strengthen our profession statewide.

Want to help us reach more communities?

Become a GSCS member or contribute today at GardenStateChiropractic.org Your support keeps our mission strong. Be the reason someone finds Chiropractic!

Submitted by Frank Hahn, DC - Trustee for Sherman College - Board of Directors GSCS

Our silent partner

Straight chiropractic is not for the egotist. We do not know what is causing the practice member's ail. We do not know if their symptom will go away or not. In fact, in all honesty and humility, we do not even make the adjustment! We are mere facilitators, who in our limited educated mind introduce a force in an attempt to help the body correct the vertebral subluxation. It's what happens next that is the real miracle. This is where the true expert, shines through: innate intelligence- and a greater expression of it!



Ahhh Innate Intelligence, on call 24/7, orchestrating countless tasks, ALWAYS striving and adapting towards what is best for the individual!

How fortunate we are to be able to work alongside innate intelligence. It's like having the master of all masters at our side. Whereas we often fail miserably, innate intelligence is always 100%. No matter how glum a practice member's health or situation may seem, we can ALWAYS offer them hope in the innate intelligence of their body, because it does know what is best for THEM, more so than any doctor in the world.

Remind them that this amazing power resides in their body and is better

expressed when vertebral subluxations are corrected. Tell them the truth, "No Mary, I don't know if your backache will go away, but here's what I do know. The same wisdom that took 2 cells and made YOU without any doctor's help, is now unleashed, and it knows exactly what to do for your body." Redirect their sickness questions to the bigger vision; "I don't know if the pain in your hip was from the subluxation, but I can tell you for sure, that right now, your body is functioning and healing on ALL levels much more efficiently!"

As straight chiropractors we have the privilege of claiming the magnitude of the power of innate intelligence and can use it to instill hope in every practice member we see! And besides, it's much more fun than talking about backaches....don't you think?

Submitted by Danielle Argenio, DC

Hold the date

The next Garden State Chiropractic Society annual convention will be held on April 11-12, 2026.

New location: We will be at the Sheraton Edison in Raritan Center.

See you there!



FedEx and Innate Impulses:

An old slogan FedEx used to use was *"When it absolutely, positively has to get there overnight."*



Innate Impulses are the life messages/information the brain sends to all the cells, tissues, and organs of the body via the spinal cord and nerves.

Those messages absolutely, positively MUST go from the brain to the parts of the body and back again, not just over night, but every moment of your life for your body to function properly.

A vertebral subluxation is like a roadblock that prevents the messages from getting through properly.

An adjustment is the way that chiropractors remove that road block, restore proper traffic, and allow those messages to get through so you have the potential to function as close to normal as possible.

Thank you to Stamatis Tsamoutalidis, DC for thie article.



FALL SUMMIT 2025 The Chiropractic Trust



Building Your Dream Non-Therapeutic
Chiropractic Practice



Saturday, 13 Sept 2025



8am -6pm



3007 Avon Rd. Bethlehem PA 18017

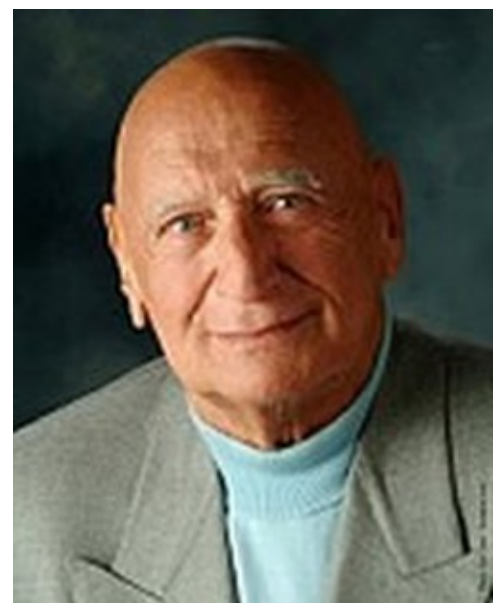
[REGISTER NOW](#)

(662) 489-3322

REGGIE Q & A #10

When a chiropractor corrects a back or neck problem, how come it doesn't stay corrected but seems to return periodically?

There we have a problem because the chiropractor doesn't really correct a back or neck problem. You ask how come it doesn't stay corrected, the only thing a chiropractor can do is give back to your body the ability to adjust and readjust itself. And sometimes there's a weakness in a certain area, very often when we leave the chiropractor's office we go back to the same lifestyle that caused the problem in the first place. And of course it's going to occur again.



Some people have bone shapes which lead to vertebral subluxation that cause back problems or neck problems. And because chiropractors deal

through the spine, many people believe that they deal exclusively with the spine, so they think that chiropractors are back doctors. That's actually not true. There are many problems that are taken to chiropractors and respond to chiropractic care, but it's quite possible for those problems to come back again, if we go back to the lifestyle that caused the problem in the first place. If you lift weights improperly and in so doing hurt your back, you go to a chiropractor and he may correct the problem, but a week later you lift the weights again improperly, you just may hurt your back again.

Submitted by Tom Gregory, DC

Office coverage available

Chiropractic office coverage available
Mondays, Wednesdays, and Fridays.

Contact Dr. August Bausewein IV
at dr.august.d.c@gmail.com or 201-316-6226 for more details.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	
9	10	11	12	
VACATION				
16	17	18	19	

Register NOW for the GSCS Annual Picnic with the Jersey Shore BlueClaws!



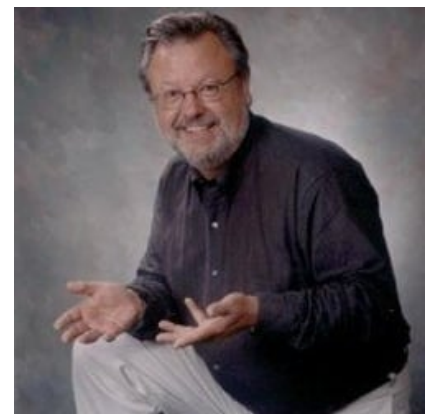
Final days to register! On Sunday, September 7, 2025, the GSCS will hold its Annual Picnic with the Jersey Shore BlueClaws baseball team.

Click [HERE](#) to register or for more info.

Happy New Blue Book! Volume 2!

A new publication by **Claude Lessard, DC: The 2027 Chiropractic Textbook**

<https://www.sherman.edu/product-category/books/>



Sometimes, those of us in chiropractic have a tendency to get stuck in the ideas and the philosophy of our forefathers and it hinders the growth and development of our philosophy. It also presents a basis for the criticism that we have developed into some sort of cult/religion. What profession is still

using a 1927 textbook as its primary text?

Now for the first time in almost 100 years, The Chiropractic Text Book has been updated and re-contextualized. Claude Lessard, DC had it suggested to him by Thom Gelardi, DC to take on the task of rewriting the chiropractic textbook. Claude accepted the challenge and he produced an extraordinary textbook that will encourage future chiropractors to carry on and further develop chiropractic, that will include new knowledge, insights, and error corrections into the third millennium and forever more.

I would encourage each of you to pick up a copy of Volume 1 and Volume 2 from the Joseph B. Strauss Bookstore at Sherman College, which is ordering volumes of the 2027 Textbook, in bulk, to sell.

This an easy way to financially support Sherman so it can make some extra money.

Otherwise, you should be able to find it on any major online book retailer, such as Barnes and Noble or Amazon, by googling the title. Obviously, Sherman wouldn't make money from the proceeds of the book that way.

"This is a series of FOUR academic volumes to be studied as part of the chiropractic curriculum for the student to learn chiropractic and graduate as a chiropractor. It is the rectified version of its original precursor, "CHIROPRACTIC TEXT BOOK" written by Dr. Ralph W. Stephenson in 1927. Portions of the text are taken directly from the original and updated with NEW knowledge constructed from NEW information of the last hundred years. The same building blocks of chiropractic are refashioned into a contemporary context that includes 130 years of continuous discoveries. Credit is given to Dr. D.D. Palmer, Dr. B.J. Palmer, and Dr. R.W. Stephenson. We all stand on their shoulders as we move forward.

These volumes are simply "The Chiropractic Text Book" updated and re-contextualized. The instructions contained therein are further developed from the original concepts of the founder of chiropractic, Dr. Daniel David Palmer, and his son, the developer of chiropractic, Dr. Bartlett Joshua Palmer. Within these volumes, I hope to falsify and deconstruct the theistic and anthropomorphic characters given to some of chiropractic's scientific principles and scientific laws in those early days, namely universal intelligence and innate intelligence. Those chiropractic concepts are then reconstructed on the solid bedrock of the testable and verifiable principles of chiropractic's basic science; they include new information acquired since 1927 that dictates the chiropractic objective. These four volumes contain NEW knowledge that has been discovered and constructed within the past 100 years, NEW information that was unavailable from 1895 to 1927. They cover the philosophy, the science, and the art of chiropractic. They are intended to be a further study of chiropractic, developed to CARRY ON the genius of our predecessors, D.D. and B.J. Palmer; they are designed to convey more precisely "WHAT" chiropractic is, "HOW" to apply its scientific principles, and the hard to vary explanation of "WHY" chiropractic is an

evolutionary humanitarian approach to EVERY experience of life, not just the experience of health. These volumes comprise error corrections that are necessary for the student to obtain an assured confidence in the chiropractic objective including its universal value. They honor, yet modernize, this significant discovery and the greater understanding of its necessary and humanitarian service to the world. It was Joseph B. Strauss, D.C. who wrote in 2002, "I do not believe that you can truly understand chiropractic philosophy without studying Stephenson. There are truths within and errors that need to be seen and understood for any student to ever begin to reach a level of comprehension of chiropractic as it was and is today." Students are encouraged to study Stephenson's textbook of 1927, ALL of the Strauss' Blue Books, and the two Blue Books that I have personally authored, A New Look at Chiropractic's Basic Science and Timed Out: Chiropractic.

It is the hope that the truths and error corrections contained within the pages of these volumes will inform and inspire future generations of chiropractors so that they can make an informed choice in constructing their professional mission. Based on these studies, it is clear that the sole aim of the chiropractic objective is the restoration of normal transmission of innate impulses through the location, analysis, and the facilitation of the correction of vertebral subluxations for a normal transmission of innate impulses. PERIOD.

These texts have been written for educational instruction. They are divided into Volume One (First Year Chiropractic Text), Volume Two (Second Year Chiropractic Text), Volume Three (Third Year Chiropractic Text), and Volume Four (Fourth Year Chiropractic Text). Following the original layout of Stephenson's allowing for the integral comparison of topics. There are questions for review that are intended to help the student THINK and "internalize" the value of chiropractic, and raise inquiry to test any of its 33 scientific principles in order to verify or falsify any of them. The student is urged to become familiar with the unique chiropractic lexicon at the beginning of every volume in order to properly understand the meaning of those terms that will undoubtedly assist the study of the text. Hopefully, these four volumes of the updated chiropractic textbook will encourage future chiropractors to CARRY ON and further develop chiropractic, that will include NEW knowledge, insights, and error corrections into the third millennium and forever more."

Dr. Claude Lessard

Become a GSCS member

Not a member? Are you a student considering practicing in NJ? Are you a DC affiliated with an organization that just doesn't represent you and your understanding on chiropractic? Are you a DC who just has not gotten around to joining a state organization yet?

A stylized logo with the words "Join Us!" in a blue, bubbly, handwritten font. The text is slightly tilted upwards to the right.

The GSCS is New Jersey's oldest and most respected chiropractic organization. Our mission has never wavered. And now is a great time to join the GSCS.

Click [HERE](#) for a membership application.

GARDEN STATE
CHIROPRACTIC SOCIETY
P.O. Box 298
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